## **Secondary Sports Day**

## By Amelie Lührs (S3E)

On Wednesday June 19th, the S1 - S4 students of our school took part in our annual

Sports Day, held partially on the outside sports grounds and inside the school too. The day was full of activities and excitement, and I think the whole school enjoyed the events, even though the weather wasn't on our side.



We all started off by warming up with the other years in the aula, playing some games and watching the teachers participate too, which was quite amusing!

Then we were split up into our year groups, so my year (S3)'s first event was in the gym. We were allowed to roam free and take part in different games, kindly set up by the S4s. I especially enjoyed the circus section, where there were activities such as bars, unicycles and hoop throwing contests. The other sections included blindfolded rock climbing, a game of football, also whilst being blindfolded, a big tug of war in which the whole year participated in, and more. The tug of war was one of the main parts of Sports Day as it counted a lot for points. We were split into our sections and we had different rounds, including the teachers having to join in at one point too. The English section ended up winning, which I'm very happy about.



Afterwards, we went outside for Athletics. It was quite rainy, and the sky looked miserable, but we didn't let that get in the way of our fun. Everyone still managed to enjoy themselves and compete in all sorts of athletics events, for instance high jump, long jump, vortex, and we also had a relay race at the end. It was quite an exciting race, with some stressful moments and victorious too. The S4s joined in in our race near the end as well.



Once we had completed the sports activities, we were offered some food and drinks also set up by the S4s, which was a good way to finish.

Finally, each class went back to their classrooms and did some teamwork games, which consisted of two challenges. One of these competitions was to construct the tallest structure with one marshmallow and spaghetti. It was surprisingly hard to get the structure to stand at all, let alone build it. The other challenge was to stack plastic cups, which sounds pretty straight forward, but isn't if you're not allowed to use your hands! Instead a mechanism is used in which an elastic band is stretched out by strings, pulled by each player. The team I was in actually won, with only few faults along the way, so I'm proud.

To tie the day together, we all gathered in the aula at the end for prize giving. The teachers were also given a chance to spray us with water on our way out of school, which was probably more entertaining for them than it was for us! I very much enjoyed Sports Day this year, and it was my first one at this school too. Thank you

to Leah, Mr Hay, the S4s and the teachers, as it wouldn't have been possible without them all!