



2019.04.01 Instructions for Residential School Trips

- These instructions must be followed for all residential school trips.
- Make sure that you take a hard copy of the document with you on any school trip.
- This document applies to residential trips in the secondary cycle and the P5 residential trip.

Documents required

- Form 1 Proposal form for school residential trips
- List of pupils
- Form 2 Residential school trip consent and medical form, sent with the school liability letter (concept at the end of the document)
- Form 3 Planning and risk assessment form

Form 2 contains sensitive pupil data form. Additional measures need to be taken to safeguard the data:

- During the trip one person is responsible for the consent forms with sensitive personal data (see proposal form).
- The data will be destroyed after the trip
- If the consent forms get lost, you need to consult the data leak procedure.

Planning

- All proposed trips must be discussed in the relevant Education Council and approved by the deputy director in writing.
- Forms 1 and 3 need to be handed in as soon as possible to the deputy director, and no later than 2 weeks before the trip.
- Copies of all letters sent to parents should be given to the deputy director. The Residential school trip consent and medical form (Form 2) must be completed.
- The parents should also receive a letter (see concept at the end of this document) which relates to forced cancellation. This letter needs to be adapted for each trip.
- The school's insurance covers school trips in general. It is strongly recommended for the parents to arrange additional insurance on foreign trips to cover things more comprehensively (e.g. lost baggage etc.)

Behaviour

- An appropriate system of student supervision should be drawn up by the trip leader. In the secondary there
 is a code of conduct based on the House Rules of the school and the Code of Conduct for the Internet and
 social media". This should be adapted for the specific trip by the trip leader and communicated to the
 parents and pupils.
- Any additional specific points should be distributed to students and parents before the trip. These might
 include rules on smoking and alcohol, length and use of free time, etc.
- It should be made clear that participation on the trip is dependent on acceptance of this code of conduct, and accompanying staff have the right to refuse participation of a pupil for behavioural or other reasons with the support of the deputy director.
- Time should be made available during the trip to discuss any problems/issues that arise.

Communication

- The trip leader must ensure that parents and guardians are fully informed about the school trip.
- A meeting should be offered to parents and pupils to discuss details of the programme and the behaviour code.

Staffing

- Where there are students of both sexes on a residential trip, there should be at least one accompanying teacher of each sex.
- With the agreement of the deputy director, it may be possible to ignore this rule if a residential centre has supervisory staff of the required sex.
- There should be an adequate teacher/student ratio. The ratio is normally 1:10 in nursery and primary and 1:15 in secondary. There must be a minimum of two adults accompanying a group.

Other

- Upon arrival, the trip leader should send a message to let the school know about the safe arrival of the group.
- Everyone should be made fully aware of the fire/emergency procedures at the hotel/ residential centre as soon as possible after arrival.
- If the trip leader considers that the nature of an incident requires a student to be sent home, they must ensure that the school and the parents/guardians have been informed beforehand; arrangements are made for a suitable adult to accompany the student as necessary and all costs shall be covered by the parents.
- The trip leader needs to arrange the payment procedures with the school administration.
- Prior to departing, the trip leader and team must have mobile phone numbers of the deputy director and director. They should also have the appropriate emergency contact numbers for the country to be visited, the bus company, hotel or airline etc.
- It is a requirement in the secondary that for each residential trip that the trip leader creates a WhatsApp group for the accompanying staff and pupils. The purpose of the group is to provide important information during the trip and have the possibility to communicate in an emergency with the group. The group must be deleted at the end of the trip.
- The trip leader must prepare the accompanying staff for the trip, including the management of emergency situations and the delegation of responsibilities.
- If the consent form with sensitive personal data gets lost during the trip the procedure for data leaks must be put in place (see the relevant document).

After the trip

- Give oral feedback to the deputy.
- If there is an incident provide details on the form.
- Provide a budget overview for the parents within 6 weeks of the return from the trip.
- Air tickets, invoices etc. need to be handed in to the administration.
- Information about the trip is welcomed on the website after the trip and not during for security reasons.
- Photos will not be published on the website if the pupils or staff are identifiable.

The following checklist is to provide a structure for the trip leader in the case of an incident on a school trip. The trip leader is responsible for managing an emergency situation in the first instance. The first priority for the trip leader is one of containment and minimising risk to all. The exact order of managing any situation relies on the first hand judgement of the trip leader.

First actions

- Safeguard yourself and then any other members of the group.
- Establish a basic overview of the incident. Ascertain the whereabouts of all students and staff.
- Ring emergency services as soon as possible. Ensure that accurate, factual information is available for those arriving on-scene. Ensure the emergency services are aware of anyone who is unaccounted for.
- Contact the school (or delegated emergency contact) to inform and ask for support if needed.
- Delegate tasks to team.
- Establish arrangements to meet the immediate welfare needs of students and staff. Identify students with Special Educational Needs (SEN) and anyone who may be particularly vulnerable. Inform the emergency services of any students or staff with known medical conditions or requirements.
- Ensure that a member of staff accompanies any students to hospital but remember the safety of everyone else, even if unharmed. Do not leave anybody on their own and try to maintain an adequate adult / pupil ratio.
- Ensure other staff are briefed (and given tasks) on a regular basis. Tell staff to maintain a log of actions taken and decisions made.

Next steps

- Remember to retain any important items / documents. e.g. contact details, consent forms (including medical and family contact details), maps, tickets, proof of identity/passports (if abroad)
- Continue to assess any risks to students and staff. Take action to prevent further harm if necessary
- Act as the main contact for co-ordination of the response and work closely with the school/ nominated emergency contact. Continue to liaise with the emergency services and other organisations.
- Continue to brief staff and allocate tasks on a regular basis.
- Monitor and reassure students. Make arrangements for the longer-term welfare needs of students and staff.
- Try to obtain the names and contact details of any witnesses to the incident. If possible, obtain a written account from them.
- Complete any necessary forms / paperwork and prepare for debrief

Media and liability

- DO NOT make comments to the media until parents have been informed. If forced into a response then keep it brief using the suggestions below: "We have implemented our emergency response procedures, which places the highest priority on the safety of our students and staff." "emergency services are giving us their full support in this incident and we have no further information to give you at this stage." try not to say 'no comment. Do not discuss legal liability with others.
- Ask the director to advise on media statements. Devise an ongoing strategy for dealing with media requests. It is only the director who is allowed to speak to the media unless he/she delegates this responsibility.
- As far as possible prevent students and staff talking to the media. If they do, they must avoid speculation. Try to prevent the spread of misinformation (especially through the use of mobile phones).

Communication

- Encourage the students NOT to contact parents directly to avoid misunderstanding, confusion
 and panic. It is the responsibility of the school to communicate with the parents. This should be
 communicated to parents and pupils before the trip.
- Consult the school (or nominated emergency contact) about arrangements for notifying parents
 / carers and reuniting them with their children. This will be handled in school but the trip leader
 needs to know
- Consult the school regarding liaison with the tour operator / provider, hotel, hostel etc. if appropriate.
- Consult the school regarding liaison with embassies or other official organisations for support if appropriate Retain any receipts / documentation for insurance purposes. E.g.: records of expenditure, medical certificates / hospital admission forms, police incident number.
- Check that everyone who should have been notified of the incident has been informed. Remember that information given must be limited until the facts are clear and all parents / carers have been notified.

FORM 1 - PROPOSAL FORM FOR RESIDENTIAL SCHOOL TRIPS

| Date(s) of the trip | Destination, and phone number |
|--|---|
| | |
| | |
| Time and place of departure | Time and place of return |
| | |
| | |
| Name of trip leader | Mobile phone number |
| • | • |
| | |
| Names of accompanying teachers or other adults | Mobile phone numbers of accompanying teachers |
| | or other adults |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Number of pupils. | Class(es) taking part |
| | |
| | |
| Total costs | Cost par pupil |
| 10(a) 605(5 | Cost per pupil |
| | |
| | |
| Is it necessary to arrange additional travel insurance? | YES NO |
| Purpose of school trip | |
| | |
| | |
| Subjects involved | |
| | |
| | |
| Means of transportation, with details of flight numb | ers etc. |
| | |
| - | |
| Emergency contact numbers (e.g. deputy, director, | bus company, hotels, airline) |
| Deputy Director | Number |
| Name | Number |
| Dense see all for the second for the second for | |
| Person responsible for the consent forms with sensitive | data |
| Trip leader | DATE |
| | |
| Deputy director | DATE |
| Director | DATE |

To be attached: 1. The programme of the school trip, 2. A list of the students. You must provide an updated list of students to show changes the day before the trip if there are any.

FORM 2 – RESIDENTIAL SCHOOL TRIP CONSENT AND MEDICAL FORM

| Trip | Dates |
|-----------------|-----------------------|
| | |
| Name of student | Class |
| | |
| Home address | Home telephone number |
| | |
| | |

Contact telephone numbers in the event of an emergency

| Work numbers | Mobile numbers |
|--------------------------------|----------------|
| | |
| Email address | |
| | |
| Friend/relative(name and tel.) | |
| | |

Medical and dietary information (please provide further information if necessary)

| Details of any medical condition (e.g. asthma, food allergies, reactions to medicine) relevant for the trip | |
|---|---|
| Medication taken (including when it is to be taken) | |
| Date of last anti-tetanus vaccination | Special diet required (e.g. vegetarian) |

Consent

- I give permission for my son/daughter to participate in this trip.
- If I cannot be contacted to give specific information beforehand, I agree that in an emergency, medical and dental treatment may be given to my child, including the administration of a general anaesthetic, and surgical operations in accordance with the recommendation of a qualified medical practitioner.
- I undertake, should the organisation of the trip require it, to be responsible for the safe conduct of my child to the agreed point of departure and for his/her return to home from the pre-arranged setting-down point at the end of the trip.
- I agree that my son/daughter must observe the Code of Conduct and the Code of Conduct for Internet and Social Media.
- I am aware that serious misbehaviour could result in my son/daughter being sent home, and that I will be responsible for all costs resulting from such a decision, including the cost of the accompanying adult.
- The friend/ relative has given consent to process his name and telephone number.
- I agree to the school using my mobile number for a WhatsApp group for all parents on the trip to be used in case of an emergency.

With this form I give consent to process the data given here.

- I give my consent under the following conditions:
 - This form will only be applicable to the school trip and will not be used for any other purpose.
 - The hard copy of the form will be taken on the trip and is the responsibility of the trip leader. A copy will be held by the deputy director in the school.
 - The medical information will only be given to third parties if there is a necessity for medical treatment.
 - The forms will be destroyed after the school trip.
 - We do our very best to protect the data on this form, but if data gets lost during the trip the procedure for data leaks will be carried out.

| Parent/Guardian: | | Date: | |
|------------------|--|-------|--|
|------------------|--|-------|--|

FORM 3 - PLANNING AND RISK ASSESSMENT

Trip:....

1 – PLANNING

The Group

| Catering for individual needs | Notes |
|--|-------|
| Have you considered mobility? | |
| Are there any behaviour issues? | |
| Are there any psychological, cultural or religious issues? | |
| Are there any issues to do with food or diet? | |
| Are there any specific medical issues which need to be considered? | |
| Have you requested a medical kit(s) from the nurse? | |

Staffing

| Staff | Notes |
|---|-------|
| Have you considered the experience of staff for this | |
| trip? | |
| Do any of the staff have any particular qualifications | |
| e.g. first aid | |
| Do members of staff have to have a level of fitness | |
| for the trip? Has this been considered? | |
| What is the ratio of staff to pupils, and the gender of | |
| staff? | |

2 - RISK ASSESSMENT

| Travel arrangements | Risks & Precautions |
|---|---------------------|
| Are there clear instructions for staff and pupils for the | |
| times and assembly points? | |
| Are there issues arising from the choice of transport | |
| used? (e.g. bicycle, bus, train, plane, car) | |
| Are there are any potential hazards or possible | |
| problems on the journey? | |

| Venue | Risks & Precautions |
|---|---------------------|
| Have you visited the site before? If not, have you identified any problems? | |
| Evacuation - if you have not visited the site check evacuation procedures on arrival and ensure all staff and students are aware of emergency exits and know where the assembly points are. | |

| Programme & Activities | Risks & Precautions |
|---|---------------------|
| Is the activity suitable for the group? | |
| Do they need any special equipment, clothing or other resources? (e.g. safety vests, helmets etc.) | |
| Are there any particular first aid requirements for the activity? What is available at the location? | |

| Environmental Conditions | Risks & Precautions |
|---|---------------------|
| Are there any risks associated with weather, the time of year of the trip, or any other local, environmental or wildlife related issues? (e.g. hay fever, contact | |
| with animals, winter and cold) | |

| Communications | Risks & Precautions |
|--|---------------------|
| Have the instructions regarding a WhatsApp group been set up, and communications with the school and emergency services arranged in case of an emergency? | |

| Continge | ncy Planning | Notes | |
|--|--|-------|--|
| Are you aware of what to you have all communicat | do in an emergency, and do ions in place? | | |

Any other relevant information:

Name:....

Signature:.....

Date:....

| Date, time and location of the incident. | |
|---|--|
| What has happened? | |
| People affected: names | |
| Injury or incident | |
| Where they are /will be taken | |
| Emergency Services involved and advice they have given? | |
| Names and locations of hospitals involved? | |
| Arrangements for pupils not directly involved in the incident | |
| Name of response person in charge of your group at the incident, and phone number | |
| Names of witnesses to incident, and phone number | |

FORM 4 – SCHOOL TRIP INCIDENT REPORT FORM

Attach any relevant documentation.

Name..... Signature..... Date.....

School Trips - concept letter

Dear parents/guardians,

The European School Bergen has a long tradition of residential school trips, and they are seen by all in the school community to be of great value by pupils, teachers and parents. The school management and teachers are fully committed to supporting residential trips. We believe strongly that such activities not only support the curriculum, but also the social development of pupils. We are grateful to all the teachers for their efforts in organizing these trips, and taking responsibility for the groups involved.

We have been increasingly focused on safety, and this has resulted in a discussion about whether or not school trips should take place at all. We firmly believe that with good preparation, good communication systems, and a careful risk assessment that we are able to offer the current programme of trips.

We will respect your decision as to whether or not you allow your son/daughter to participate in a trip, but you must understand that once a trip has been organized and payments have been made it will not be possible to make refunds if you change your mind nearer the time for any reason.

Similarly, even after payments have been made by parents yet the school is forced to cancel on clear advice, it may be difficult to refund the total amount. Of course, in this situation, the school will refund all costs it is able to recuperate.

By signing the form for your son/daughter to participate in a residential trip, you accept that the school will do its best, as always, to provide the safest possible environment for the trip to take place and take all necessary precautions including good communication systems.

We hope that you will continue to support these excellent opportunities for the pupils, and if you wish to discuss any aspects of the trip or planning you should make contact with the organisers.

Kind regards,

Deputy Director